



# Indian Journal of Psychiatry

OFFICIAL PUBLICATION OF THE INDIAN PSYCHIATRIC SOCIETY

ISSN 0019-5545

Volume 63, Number 1

January-February 2021

Now indexed  
with PubMed  
&  
Covered in  
Journal Citation  
Reports (JCR)

## GUEST EDITORIAL

Mental Health Matters: Celebrating 1<sup>st</sup> Foundation Day of Indian Psychiatric Society

Savita Malhotra, Koushik Sinha Deb, Pronob Kumar Dalal 1

## ORIGINAL ARTICLES

Qualitative research methods in psychiatry in India: Landscaping the terrain

Pranab Mahapatra, Krushna Chandra Sahoo, Pritam Jitendriya, Mousumi Samal, Sanghamitra Pati 5

Development and validation of Vellore Inventory of Life Skills among people with severe mental illness

Meghana C. Chandran, Febin Saji, Reema Samuel, K. S. Jacob 15

Does academic streams influence alcohol use in colleges?

Priya G. Menon, Abel Thamby, K. P. Jayaprakashan, Anjana Rani, B. Sivasankaran Nair, K. Thennarasu, T. S. Jaisoorya 28

Addiction-like behavior associated with social media usage in undergraduate students of a government medical college in Delhi, India

Saurav Basu, Ragini Sharma, Pragya Sharma, Nandini Sharma 35

Factors associated with dropout from treatment: An exploratory study

Sandeep Grover, Sridhar Mallnaik, Subho Chakrabarti, Aseem Mehra 41

Adverse effects and short-term developmental outcomes of infants exposed to atypical antipsychotics during breastfeeding

Santosh Kumar Sinha, M. Thomas Kishore, Harish Thippeswamy, John Vijay Sagar Kommu, Prabha S. Chandra 52

Parenting skills of patients with chronic schizophrenia

Anjumoni Rabha, Susanta Kumar Padhy, Sandeep Grover 58

## BRIEF RESEARCH COMMUNICATIONS

Memory changes following adjuvant temporo-parietal repetitive transcranial magnetic stimulation in schizophrenia

Preeti Gupta, Anamika Sahu, Surjit Prasad, Vinod Kumar Sinha, Ajay Kumar Bakhla 66

Dissociative experiences and health anxiety in panic disorder

Sujoy Ray, Rajashree Ray, Neha Singh, Imon Paul 70

Validation of revised reading the mind in the eyes test in the Indian (Bengali) population: A preliminary study

Madhushree Chakrabarty, Gargi Dasgupta, Rudraprasad Acharya, Seshadri Sekhar Chatterjee, Prathama Guha, Matthew K. Belmonte, Kaberi Bhattacharya 74

Sociodemographic and clinical profile of drug treatment seekers attending the State Psychiatric

Hospital and Drug De-addiction Center at Agartala, Tripura

Udayan Majumder, Joysree Das, Swapan Chandra Barman, Jyotirmoy Ghosh, Bimal Krishna Bhowmic 80

## HISTORY OF PSYCHIATRY

Lunatic asylums: A business of profit during the colonial empire in India

R. C. Jiloha 84

## VIEWPOINTS

Gandhian thought and mental health – A critique

Smriti Mahajan, Suman Mahajan 88

School mental health program in India: Need to shift from a piecemeal approach to a long-term

comprehensive approach with strong intersectoral coordination

Devvarta Kumar 91

Telemedicine Practice Guidelines of India, 2020: Implications and challenges

Damodharan Dinakaran, Narayana Manjunatha, Channaveerachari Naveen Kumar, Suresh Bada Math 97

## LETTERS TO EDITOR

Video consultations from tele aftercare clinic:

An early experience from an Indian geriatric psychiatry service

Shiva Shanker Reddy Mukku, Narayana Manjunatha, Channaveerachari Naveen Kumar, Palanimuthu T. Sivakumar, Suresh Bada Math 102

Ganser syndrome: Intricacy in diagnosis and management

Ajeet Sidana, Sumeesha Jaswal 103

Craniopharyngioma mimicking bipolar disorder with rapidly progressive functional decline

Chian-Feng Huang, Chen-Yu Kuo, Shin-Chiao Tien 104

Sociocultural barriers in management of gender dysphoria: A case report

Milan Nathvani, Vijay Kumar Saini, Pratibha Gehlawat 106

Disulfiram-induced seizure in a patient with alcohol dependence syndrome

Manoj Kumar Sahoo, Harshita Biswas 107

Miller Fischer syndrome? A harbinger of obsessive compulsive disorder - A case report

P. Liji, Keya Das 109

Chronic subdural hematoma presenting as reversible Parkinson-like symptoms and bladder and

bowel dysfunction in a patient with schizophrenia 110

Esira Sampath Wijamunige, Vajira Indika Dharmawardene

Susceptibility of clinically depressed patients to COVID-19: Is there a link?

Abhishek Das, Ankit Halder, Rajendra S. Patil, Devavrat G. Harshe 112

Medical school stressors – What about the health of our students?

Reem Salman, Neha Sadik 113

Angioedema in a patient with COVID-19 who received depot

olanzapine pamoate: Diagnostic dilemma posed 115

Rajeev Ranjan, Santanu Nath, Chayan Kanti Manna, Gabby Sethi, Pankaj Kumar

An adolescent with anorexia nervosa presenting with catatonia

Ram Kumar Solanki, Shashi Kant Khanna, Gunjan Solanki, Kuldeep Singh Yadav, Rishika Agarwal, Manish Kumar Goyal 116



Online at  
[www.indianjpsychiatry.org](http://www.indianjpsychiatry.org)



# Indian Journal of Psychiatry

OFFICIAL PUBLICATION OF THE INDIAN PSYCHIATRIC SOCIETY

Volume 63, Issue 1, January-February 2021

## CONTENTS

### GUEST EDITORIAL

Mental Health Matters: Celebrating 1<sup>st</sup> Foundation Day of Indian Psychiatric Society  
*Savita Malhotra, Koushik Sinha Deb, Pronob Kumar Dalal* 1

### ORIGINAL ARTICLES

- Qualitative research methods in psychiatry in India: Landscaping the terrain  
*Pranab Mahapatra, Krushna Chandra Sahoo, Pritam Jitendriya, Mousumi Samal, Sanghamitra Pati* 5
- Development and validation of Vellore Inventory of Life Skills among people with severe mental illness  
*Meghana C. Chandran, Febin Saji, Reema Samuel, K. S. Jacob* 15
- Does academic streams influence alcohol use in colleges?  
*Priya G. Menon, Abel Thamby, K. P. Jayaprakashan, Anjana Rani, B. Sivasankaran Nair, K. Thennarasu, T. S. Jaisooriya* 28
- Addiction-like behavior associated with social media usage in undergraduate students of a government medical college in Delhi, India  
*Saurav Basu, Ragini Sharma, Pragya Sharma, Nandini Sharma* 35
- Factors associated with dropout from treatment: An exploratory study  
*Sandeep Grover, Sridhar Mallnaik, Subho Chakrabarti, Aseem Mehra* 41
- Adverse effects and short-term developmental outcomes of infants exposed to atypical antipsychotics during breastfeeding  
*Santosh Kumar Sinha, M. Thomas Kishore, Harish Thippeswamy, John Vijay Sagar Kommu, Prabha S. Chandra* 52
- Parenting skills of patients with chronic schizophrenia  
*Anjumoni Rabha, Susanta Kumar Padhy, Sandeep Grover* 58
- BRIEF RESEARCH COMMUNICATIONS**
- Memory changes following adjuvant temporo-parietal repetitive transcranial magnetic stimulation in schizophrenia  
*Preeti Gupta, Anamika Sahu, Surjit Prasad, Vinod Kumar Sinha, Ajay Kumar Bakhla* 66
- Dissociative experiences and health anxiety in panic disorder  
*Sujoy Ray, Rajashree Ray, Neha Singh, Imon Paul* 70
- Validation of revised reading the mind in the eyes test in the Indian (Bengali) population: A preliminary study  
*Madhushree Chakrabarty, Gargi Dasgupta, Rudraprasad Acharya, Seshadri Sekhar Chatterjee, Prathama Guha, Matthew K. Belmonte, Kaberi Bhattacharya* 74
- Sociodemographic and clinical profile of drug treatment seekers attending the State Psychiatric Hospital and Drug De-addiction Center at Agartala, Tripura  
*Udayan Majumder, Joysree Das, Swapan Chandra Barman, Jyotirmoy Ghosh, Bimal Krishna Bhowmic* 80

## HISTORY OF PSYCHIATRY

Lunatic asylums: A business of profit during the colonial empire in India

*R. C. Jiloha*

84

## VIEWPOINTS

Gandhian thought and mental health – A critique

*Smriti Mahajan, Suman Mahajan*

88

School mental health program in India: Need to shift from a piecemeal approach to a long-term comprehensive approach with strong intersectoral coordination

*Devvarta Kumar*

91

Telemedicine practice guidelines of India, 2020: Implications and challenges

*Damodharan Dinakaran, Narayana Manjunatha, Channaveerachari Naveen Kumar, Suresh Bada Math*

97

## LETTERS TO EDITOR

Video consultations from tele aftercare clinic: An early experience from an Indian geriatric psychiatry service

*Shiva Shanker Reddy Mukku, Narayana Manjunatha, Channaveerachari Naveen Kumar, Palanimuthu T. Sivakumar, Suresh Bada Math*

102

Ganser syndrome: Intricacy in diagnosis and management

*Ajeet Sidana, Sumeesha Jaswal*

103

Craniopharyngioma mimicking bipolar disorder with rapidly progressive functional decline

*Chian-Feng Huang, Chen-Yu Kuo, Shin-Chiao Tien*

104

Sociocultural barriers in management of gender dysphoria: A case report

*Milan Nathvani, Vijay Kumar Saini, Pratibha Gehlawat*

106

Disulfiram-induced seizure in a patient with alcohol dependence syndrome

*Manoj Kumar Sahoo, Harshita Biswas*

107

Miller Fischer syndrome? A harbinger of obsessive compulsive disorder - A case report

*P. Liji, Keya Das*

109

Chronic subdural hematoma presenting as reversible Parkinson-like symptoms and bladder and bowel dysfunction in a patient with schizophrenia

*Esira Sampath Wijamunige, Vajira Indika Dharmawardene*

110

Susceptibility of clinically depressed patients to COVID-19: Is there a link?

*Abhishek Das, Ankit Halder, Rajendra S. Patil, Devavrat G. Harshe*

112

Medical school stressors – What about the health of our students?

*Reem Salman, Neha Sadik*

113

Angioedema in a patient with COVID-19 who received depot olanzapine pamoate: Diagnostic dilemma posed

*Rajeev Ranjan, Santanu Nath, Chayan Kanti Manna, Gabby Sethi, Pankaj Kumar*

115

An adolescent with anorexia nervosa presenting with catatonia

*Ram Kumar Solanki, Shashi Kant Khanna, Gunjan Solanki, Kuldeep Singh Yadav, Rishika Agarwal, Manish Kumar Goyal*

116