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# A Brief History of the Bharatiya Nepalis (Indian Nepalis) -with Special Reference to Sikkim

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Namaskar/Sewanne

The Nepalis have been residing in various parts of India from the ages past.

### (A) ANCIENT HISTORY:

The early history of the Nepalis in India can be traced from the Hindu epics like the Ramayana, Mahabharata and Puranas. The Nepali Community is a mixture of Aryan, Mongoloid, Dravidian, Austric and Sethian groups. In the last part of the Mahabharata War, it is reported that Shalya, the King of Madra and Senapati (Commander in Chief) of Kowrawas, belonged to Khas Clan (Chettri, Bahun). The tribal communities of the Nepalis belong to the Kiratas, such as Rai, Limbu, Gurung, Mangar, etc. In the Linguistic Survey of India Gierson wrote: "The Tibeto-Burman speaking Mongoloids with yellow complexion came to be known among Vedic Aryans as Kiratas. Their presence is attested through literary evidence by about 1000 B.C.

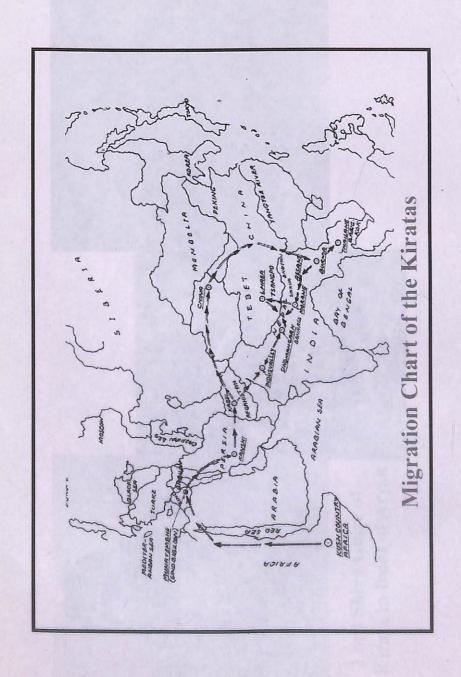
Century B.C. there is suggestions that Sino-Tibetans as Kiratas belonged to the Brahmaputra Valley of Assam. There is an episode in Mahabharata in which Lord Shiva, disguised as a Kirata, turns against Arjun, but in the end, presents him with miraculous "Pasupata" weapon.

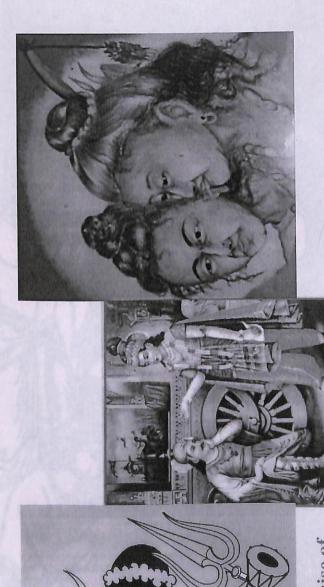
The temple of Kamakhya and Parasuram Kunda and Benaras are the holy places of the Nepali Community as well.

The people of Nepal and India had marital relationship from the time immemorial. In the age of Ramayana, Lord Rama was married to Sita, who was born in Janakpur (Nepal) and was the daughter of King Janaka. In the 8th Century, the Kamrupa King, Harshadeva's daughter Rajyamati was married to the Nepal King Jayadeva II (A.C. Shnha & T.B. Subba) - 2003-p-106-111)

Kiratas as a whole, as described in the classical literature can be identified with those tribes of North Western India, North Eastern India including Assam, Bengal, Tripura, Orrisa, Nepal, Sikkim, Tibet and Burma, who had settled in the plains, valleys, and hills between the epic age and the 5th Century A.D. (G. P.Singh: Kiratas of Ancient India—1990, pg 113).

The earliest recorded references including the appellation Kirata, occur in the Vedic literature, including the Samhitas and the Brahamanas, which were compiled roughly between 4500 – 1000 B.C. The hymns of the two later Vedic texts, the Sukla – Yajur





Lord Shiva Guise of a Kirata in front of Arjun



Lord Rama & Sita

Veda8 and the Atharva Veda9 throw light on their dwellings in the caves and mountains of the Eastern Himalayan region, there contacts with the Vedic Aryans, antiquity, etc. (G.P.Singh-Kiratas in Ancient India – 1990, pg. 19).

According to G.P.Singh, the word KIRATA has been possibly derived from Cirata or Cireta or Cirayita, also known as 'Kirata – Tikta' or 'Anarya – Tikta' - a bitter plant of the non – Aryans *I*, grown in the lower regions of the Himalayas, which forms the country of the modern Kirantis or Kiratas. This is the name of a drug which was obtained from the Kiratas by the Aryans and used for medical purposes. (G.P.Singh:- Kiratas in Ancient India – 1990, pg. 96). The most popular Pali and Prakit form of an appellation 'Kiratas' used in Sanskrit and common parlance, is 'Cilata'.

"It is the consensus of opinion among Indologists that in Sanskrit the term 'Kirata' indicated the wild non-Aryan tribes living in the mountains particularly the Himalayas and the North Eastern areas of India who were Mongoloid in origin". (Kirat Jana Krit – S.K. Chatterji – Page 26-27)

The Kiratas colonized the valley of eastern Nepal, North Videya, in sub Himalayan region after having conquered it and set up a dynastic rule in pre-Christian era, in succession to the Abhiras, and ruled for about 29 generations from 400 B.C to 700 A.D. Their first Chieften (king) was Yalamber (Yalambara, Yellung or Yalambhang) and their Kingdom extended from river Trisuli in the west to the river Tista in the east.

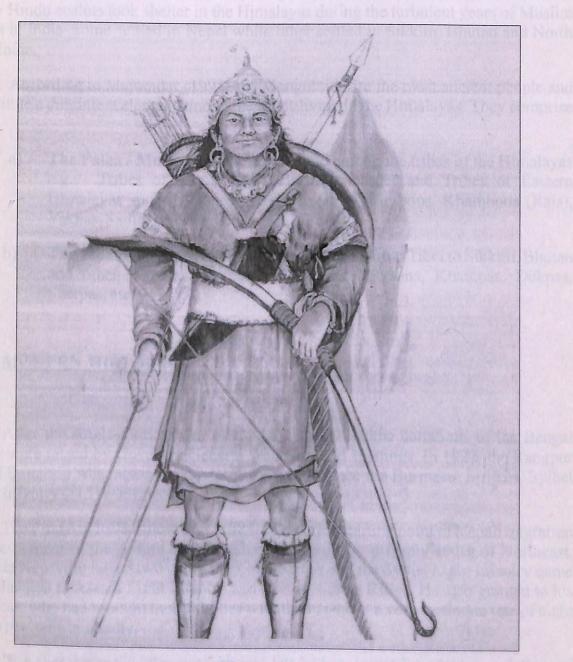
The tribes allied to Kiratas of eastern Himalayas and the Gangetic Delta (the people of Khasi, Jaintia hills, the Garo hills, Sikkim and eastern Bengal) bartered 'tez pat' (Malabathrum - Cinnamomum albiflorum) with China for Chinese raw silk yarn, have been designated both as Basatae (Besadai) and Sesatai (Sesatae) in classical literature.

The Kiratas of Sikkim "Khamboos, Limboos and Lepchas" are said to have maintained trade relations with China and the Malabathrum, (Tezpat) was also sold near Gangtok. On the basis of the information supplied by some noted authorities on trade and commerce, Mr. Schoff has suggested that the location of their annual fair must have been near the modern Gangtok (27\*20'N, 18\*38'E) above which the Chola or the Jelep-la pass leads to Chumbi, Tibet.

The import of the Silk from China has also been supported by J. W. Edgar 20 who extensively traveled in the frontier areas of Tibet and Sikkim. S.K. Chatterjee is also of the opinion that the Kiratas of Assam imported raw silk yarn and silk cloth from Thinai or China [G.P. Singh – Kiratas or Ancient India 1991, Page 210 to 213].

Certain writers (W.Brook, Northey and C.J.Morris, The Gurkha, London 1927) speak of a tripartite division of the Kirati into Khambus, Limbus and Yakhas

Milton Sangma, a noted historian, writes that the word "Kirata" refer to the "people now represented by the Mongoloid group inhabiting different parts of North East India" (1985:59).



Yallambar
The first Chieftan (King) of the Kiratas / Kirats

In the classic work Kirata Janakrit (1951) by Suniti Kumar Chatterjee, he mentions the Limbus, Khambus, and the Yakkhas living "on the Indian side of the Himalayas, in Nepal and Sikkim" as Kiratas.

According to Chaitanya Subba (1995) various historical evidences reveal that many Hindu zealots took shelter in the Himalayas during the turbulent years of Muslim rulers in India- some settled in Nepal while other settled in Sikkim, Bhutan and North East India.

According to Majumdar (1995) the Mongoloids are the most ancient people and constitute a dominient element among the tribes living in the Himalayas. They comprise of:

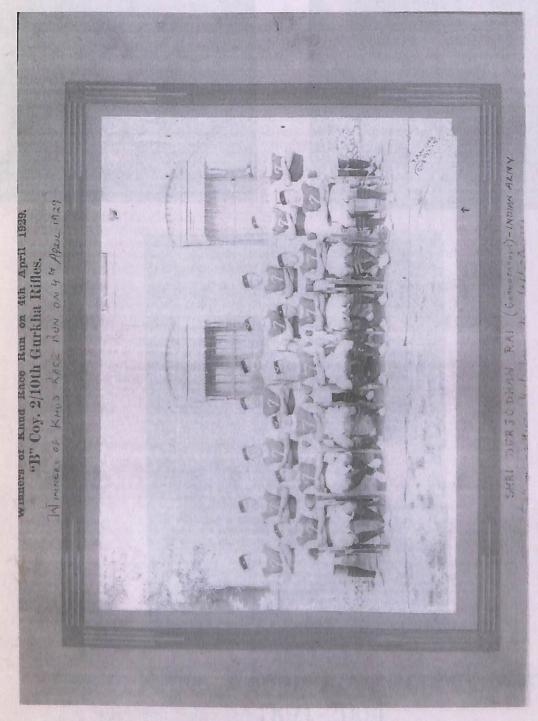
- a) The Paleo Mongoloid elements found among the tribes of the Himalayas e.g. Tribes of Assam, Indo Burmese border and Tribes of Eastern Himalayas such as Nagas, Kukis, Lepchas, Limboos, Khamboos (Rais), Yakhas, Santals, Bodoes, etc.
- b) The Tibeto-Mongoloid elements which came from Tibet to Sikkim, Bhutan and other Himalayan areas-e.g. Bhutias, Tibetans, Khampas, Dukpas, Sherpas, etc.

### (B) MODERN HISTORY:

After the Anglo-Gorkha war (1814-16), three Gorkha battalions of the Bengal Army were raised by Governor General Wellesley and Hastings. In 1822, the Rangpur Local Battalion was raised for services in Assam to face the Burmese. In 1824, Sylhet Light Infantry (SLI) was raised.

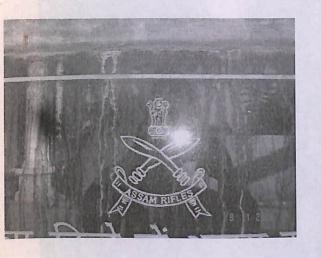
The First Anglo-Burmese War (1824-26) was the starting point of Nepali migration and settlement in the Assam and British province of the princely states of Northeast. Captain Neufville raised two companies of Gorkhas and the Sylhet Light Infantry name was changed to Assam Light Infantry and later to Assam Rifles. He also granted to his Gorkhas, who had brought their families with them, land at a very moderate rate of eight annas per 'pura' annually.

However it was the "Sepoy Mutiny of 1857-58 that established the foundations of Gorkha recruitment in military and police forces of Assam on a firm footing. During 1868, recruits were obtained almost entirely from the Darjeeling district. These were largely Rais and Limbus. From 1880, when the Gorakpur depot became available, Mangars and Gurungs came to be much saught after and later even from the Khas Community (Chettri/Bahun).

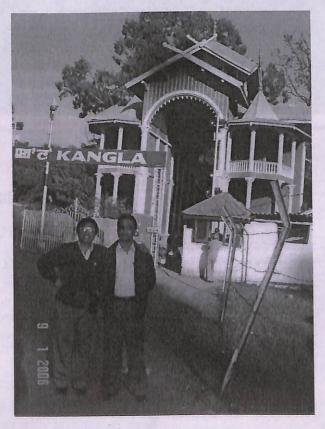


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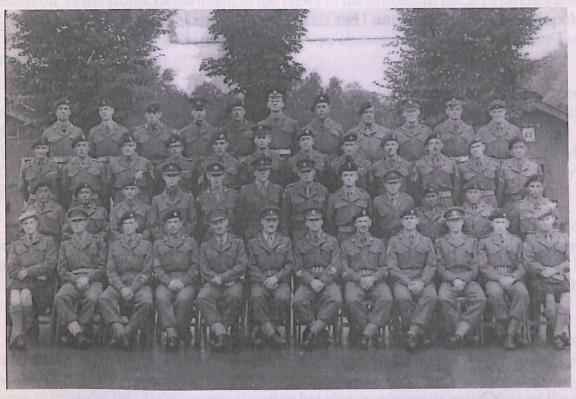
Shri Durjodhan Rai, 2/10 Gurkha Rifles - Quetta, India 1929



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Assam Rifles, Kangla Fort, Imphal, Manipur 1891-2004



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Shri Devilal Rai with British Soldiers Brigade of Gurkhas - 1946

Lord Roberts, Commander-in-Chief in India, was responsible for the complete "Gorkhaisation of 42nd, 43rd and 44th regiments (Gorkha Regiments). He drew the attention of the Home Department to the views of the officers of the 2/1 Gorkhas and 2/4 Gorkhas which contained a large number of Rais and Limbus of whom they had spoken-"In the highest terms of good work done by these classes in the Sikkim and Chin-Lushai expeditions."

The Nepali Community of North East Region took active part in the freedom movement from 1920. Chabilal Upadhyaya took the leadership of Nepali Community in the Non-Cooperation Movement in Assam and in 1921 was imprisoned in Tezpur Jail. More than 15 thousand Gorkhas joined the Indian National Army (INA) of Subhas Chandra Bose from various parts of India and Singapore in 1942 and became martyrs in Burma.

The descendants of these Gorkha Soldiers and policemen, are today indistinguishable from the local population. But on the whole, the community retained its language, culture and identity; while adapting itself to the new environment. Like immigrants elsewhere, they proved exceedingly enterprising, playing a vital role in the economy, politics and social and cultural life of the country of their adoption.

At the end of the British rule in India, the Gorkhas formed two distinct entities, the one in uniform and the other as agriculturists, herdsman, labourers, porters and retired soldiers and policemen. As a legacee of the British Raj, Independent India will not only have to consider this dichotomous situation but also overcome its antipathy and the often undistinguished hostility towards the community (A.C. Sinha and T.B. Subba-The Nepalis in North East India - 2003 p. 68-93)

Total Population of the Nepalis in India, including Sikkim, Darjeeling and North East is more than fifty lakhs (50,00,000).

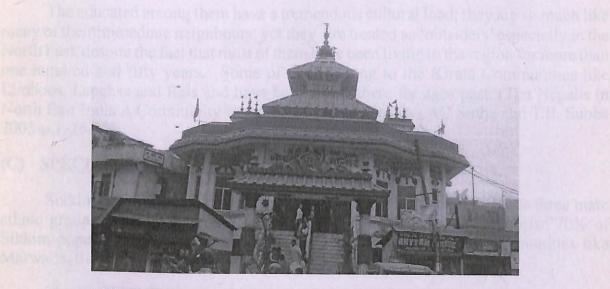
The Nepalis had played a major role in consolidation, pacification and defence of India against internal and external forces.

The Nepalis have contributed to enrich the multicultural commonwealth of India through their language, literature and music (Sare Jaha Se Accha - Hindustan Hamara-Capt. Ram Singh Thakuri), besides defending the republic against internal and external threats {Chinese-1962, Bangladesh 1971, Kargil (Pakistan) 1990-22 precious lives.}

Nepali has been recognized as one of the National Language of India in the 8th Schedule of the Constitution of India.

Nepalis did constitute in the integration, consolidation, development and reconstruction of the Indian state, after the Independence(during the Hindu - Muslim riots)- especially in the North Eastern States (for peace and internal security)- a point which should not be forgotten.

Although many of them had been living in India from ages past, the origin of the Nepalis significant settlement, especially in the North East India, began during the



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Nepali Mandir at Guwahati-1932

British colonial rule. They are a valued community not only for agricultural works, clearing the forests, tea garden labour and construction work on roads and bunglows but they are also faithful soldiers of the British empire and after independence, to the Indian Union. The same lot proved to be successful in finding a niche as agriculturalists, miners and milkmen in post-independence period. A negligible few of them even rose to higher echelons of bureaucracy in the North East region. Yet the vast majority of than live a deprived life, eking out their living by selling their manual labour.

The educated among them have a tremendous cultural load; they are so much like many of their immediate neighbours, yet they are treated as 'outsiders' especially in the North East, despite the fact that most of them have been living in the region for more than one hundred and fifty years. Some of them belong to the Kirata Communities like Limboos, Lepchas and Rais and have been living there for ages past. (The Nepalis in North East India A Community in search of Indian Identity- AC Sinha and T.B. Subba 2003-p.1, 26-27)

### (C) SPECIAL REFERENCE TO SIKKIM:

Sikkim is a multi-ethnic, multi-lingual and multi-cultural state. It has three main ethnic groups like Lepchas, the Bhutias and the Nepalis. Nepalis comprise 70% of Sikkim population. There is a significant number of the business communities like Marwaris, Biharis, Bengalis, etc.

The Bhutias call Sikkim - "Bayul Demazong" (Dresmojong-Denzong) i.e. "The Sacred Hidden Valley of Rice."

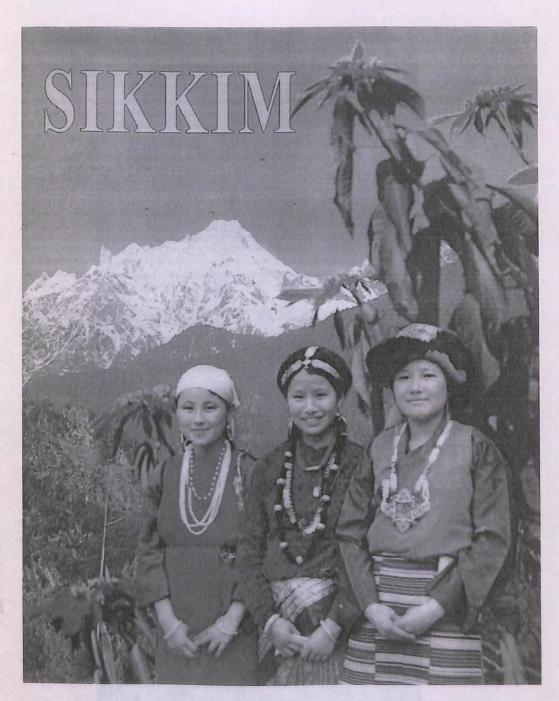
When the Bhutias from Chumbi Valley, Tibet first stepped into Sikkim, they came across valleys and valleys of rice. They had seen or cultivated only wheat, oat, barley and millet in the rugged, cold and mountaneous terrain of Chumbi, Tibet. So when they saw terraced hills and valleys of Rice, they were wonder struck (mesmerized) and named the land 'Bayul Demazong'- i.e. 'Sacred Hidden Valley of Rice'.

Terraced cultivation of Rice (Paddy) i.e. wet farming was first introduced by the Nepalis in Sikkim. They were very industrious and they completely changed the topography of the rugged hills by terraced farming.

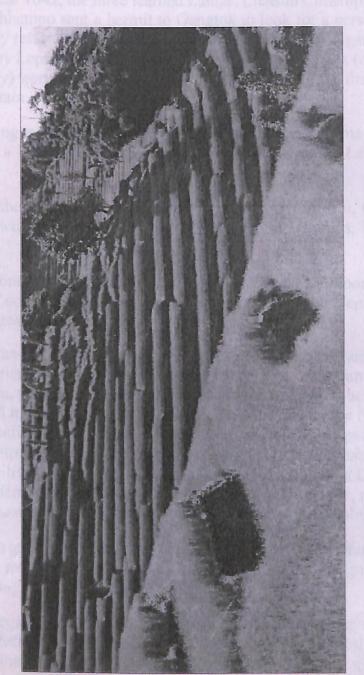
This proves that the Nepalis were here in Sikkim from ages past-i.e. even before the Consecration of the first Chogyal of Sikkim in 1642.

In Sikkim, from the fifth Century AD, the Mangars have been living. During the fifth and sixth century A.D., the Mangars entered Nepal from Sikkim and taught those living there, potato cultivation for the first time (Mangar Jati Ko Itihas Ani Sanskriti-Sikkimko Sandarvhama-Santosh Alley - 2003, p-14)

In 1600 AD, the Mangar King Sintupati Sen built the first Mangar Jong (Fort) at Mangsari- West Sikkim and ruled a large Mangar (Magar) Kingdom. Other Magar Jongs were Barthang-Barphok, Ratey pani-Kateng, Famtham and Mansong.



Lepcha, Nepali and Bhutia ladies of Sikkim in their traditional dress



Rice Cultivation in terraced hillside

Even before 1642, before the Consecration of the first Chogyal of Sikkim, Phuntsok Namgyal, the Lepchas ruled over most parts of North, East and South Sikkim, while the Limboos and Mangars (Magars) ruled over West Sikkim. (Dharnidhan Dahal-Sikkim ko Rajnaitik Itihas-p, 5)

In the year 1642, the three learned Lamas, Lhatsun Chhempo, Sempah Chhempo and Kathog Chhempo sent a hermit to Gangtok to look for a person bearing the name Phuntsog. They returned to Yuksam via Rumtek, Sang and Yangang. At Yangang, they were greeted by Lepchas and Mangars, proving that the Nepalis (of which Mangar is a one community) were there even before the Consecration of the first Chogyal of Sikkim in 1642 at Yuksam.

According to Maharaja Thotup Namgyal and Jeshang Dolma- (History of Sikkim-1908) -"From a long time ago, Sikkim has been occupied by Lepchas, Limboos and Bhutias".

During the reign of the first Chogyal Phuntsog Namgyal, the "Lo-Men-Tsong-Sum"- Tripartied Agreement was signed between the Bhutias, Lepchas & Limboos (Tsong).

The second Chogyal, Tensung Namgyal married a Limbooni Princess. Limboos are a Nepali Community and the above facts prove that the Nepalis were residing in Sikkim from ages past.

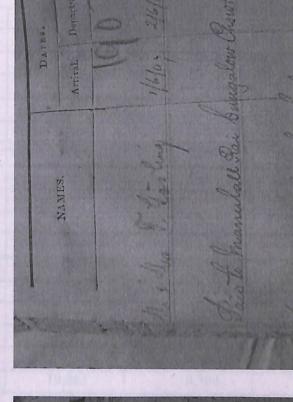
The Indian states were carved out on the principles of language, ethnicity and regional historical peculiarities. Since the indigenous communities on the Eastern Frontier Region, such as Lepchas, Bhutia and other scheduled tribes, have been properly accommodated in the Indian framework, it is now the turn of the Nepalis. For this part, the Indian Nepalis must not leave any scope for anybody to suspect their credentials as Indians. The atmosphere of suspicion and past reservations has to be changed into something positive. As the dominant ethnic group in Sikkim and Darjeeling, the Indian Nepalis must demonstrate their political maturity, shirk violence, rise above immediate and parochial issues, and integrate themselves into the national political structure.

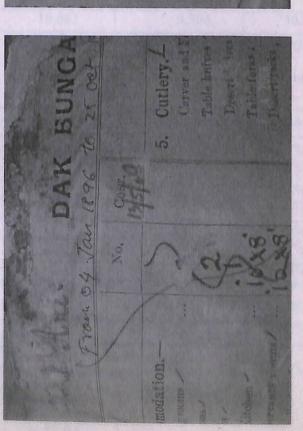
But much greater responsibility lies with the Indian mainstream. Some positive and sincere efforts must be made to acknowledge the Nepalis role in the body politics of India. (According to A.C. Sinha and T.B. Subba)

In this regards, Dr. Pawan Chamling, the Chief Minister of Sikkim has made tremendous effort to integrate the people of Sikkim both emotionally and physically with the Indian mainstream. He has always endeavoured to have a good rapport with the Central Government- The Presidents, Prime Ministers and various Govt. Officials in New Delhi.

When we go through the pages of history, we find that some parts of Nepal were under Sikkim once and likewise some parts of Sikkim were under Nepal. Similarly the southern part of Sikkim – (i.e. Darjeeling District of West Bengal) was taken over by the British Government and later by the Indian Government. Therefore, it is natural that the

3C55R: Wo. Randela.





Name of Inanulal Rai, Ari Bunglow Chowkidar, in the Ari Dak Bungalow Register, 1907 Aritar, East Sikkim

### Demographic Feature of Sikkim

For the first time a census was conducted in February, 1891 in Sikkim which divides the population as follows:

Race or caste	Males	Females	Children	Total
Lepcha (ST)	2,362	2,399	1,001	5,762
Bhutia (ST)	1,966	1,960	968	4,894
Limboo (ST)	1,255	1,159	942	3,356
Gurung	1,108	1,047	766	2,921
Murmi (ST)	_ 801	- 778	1,288	2.867
Rai, Jimdar &	742	691	587	2,020
Khomboo	- 726 -	648	589	1,963
Kami	626	464	580	1,670
Brahman	521	372	521	1,414
Mangar	363	346	192	901
Chettri	303	. 253	273	829
Newar	240	18,3	304	727
Slaves	124	99	103	326
Dorzi	102	92	93	287
Miscellaneous	350	72	99	521
Total	11,589	10,563	8,306	30,458

Source: "The Gazetteer of Sikkim" 1928 page 27.

## The linguistic classification of 1991 census Vs Race-wise census of 1891 could be roughly compared as follows:

Rank	Race-wise	Census 1891	Linguistic Census 1991						
First	Lepcha	18.93%	Nepali	18.11%					
Second	Bhutia	16.00%	Rai	17.71%					
Third	Nepali	13.81%	Bhutia	12.46%					
Forth	Limboo	11.00%	Limboo	9.30%					
Fifth	Rai	9.77%	Lepcha	9.26%					
Sixth	Gurung	9.59%	Gurung	6.47%					
Seventh	Tamang	9.39%	Tamang	5.78%					
Eigth	Magar	2.95%	Newar	4.33%					
Ninth	Newar	2.80%	Sherpa	4.24%					
Tenth	Sherpa	Ch	Magar	2.61%					

Source: Gopal Pd. Dahal, in.NIRMAN 1996 pp. 9.

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# CASTE-WISE DISTRIBUTION IN DIFFERENT CONSTITUENCIES IN SIKKIM-YEAR 1999

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TOTAL POPULATION=5.40.493 (AS PER 2001 CENSUS REPORT)
TOTAL VOTERS = 2,52.046 (AS PER 1999 VOTER LIST)
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various communities living in Sikkim, Nepal, British India and Independent India freely moved and settled in various parts of Sikkim, Nepal, British India and Independent India.

So it is not surprising that when the first Census was conducted in February 1891 in Sikkim, it was found that the total population of the Nepalis to be 19,281 when the total population was just 30,458. {H.H.Risley-The Gazetteer of Sikkim-1928, pg 27}.

Similarly, a century later in 1991, the total population of Nepalis is found to be 3,08,475 out of the total population of Sikkim of 4,50,000 {Linguistic Census 1991-Source Gopal Pd. Dahal, in Nirman - 1996-p-9)

In 2001 the total population of Nepalis is 4,02,407 out of the total population of Sikkim 5,40,493 (as per 2001 Census Report).

The Indian Constitution states that every person born in India on or after January 26, 1950 shall be a citizen of India by birth. The Citizenship Act 1955 provides five modes of acquiring the citizenship of India-namely:

- (1) By Birth (2) By Descent (3) By Registration (4) By Naturalisation
- (5) By Incorporation of Territory.

Sikkim merged with India in 1975 and acquired the status of Federal State. The Nepalis of Sikkim acquired Indian Citizenship by incorporation of territory

During the Chogyal's time the Bhutias, Lepchas and Nepalis had Sikkim Subjects (Citizenship) and landed properties. During the Merger of Sikkim with India, the Bhutias, Lepchas and Nepalis went along with their Sikkim Subjects and Landed properties. Therefore, we Nepalis are very much Indian and Citizens of India. There is no element of doubt about it.

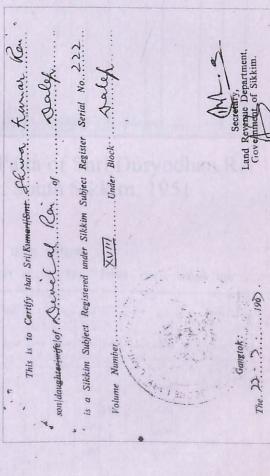
We have our names in the Electoral Roll, we have the Right to Vote and we can even stand for Election in the Legislative Assembly. We have landed property, we can acquire land and be absorbed in any Government Offices; be it State or Government of India.

The present Chief Minister of Sikkim is Dr. Pawan Chamling, belonging to the Rai Community of the Nepalis. We have several Ministers, Member of Parliament and Members of Legislative Assembly from the Nepali Communities. We have had three Chief Ministers of Sikkim in the past from the Nepali Communities. If we were not Indian Citizens, this would not have been possible.

Therefore, I feel that there should not be any doubt about the "Identity and Nationality of the Indian Nepalis."

We are Indian Nationals and our Identity lies with India. India is our Motherland and we are proud to be Indians.





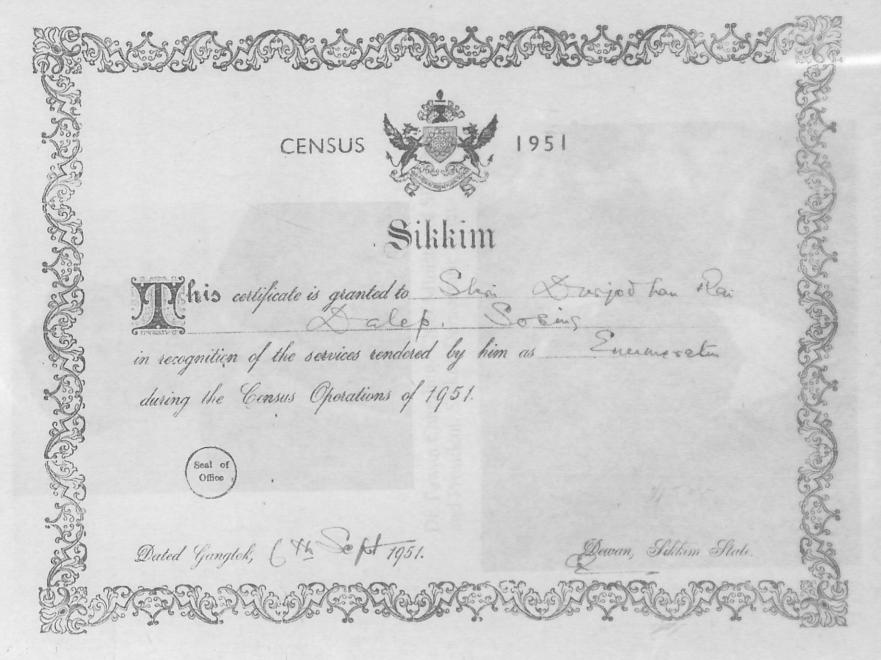
Sikkim Subject Certificates of Lepcha, Bhutia and Nepali

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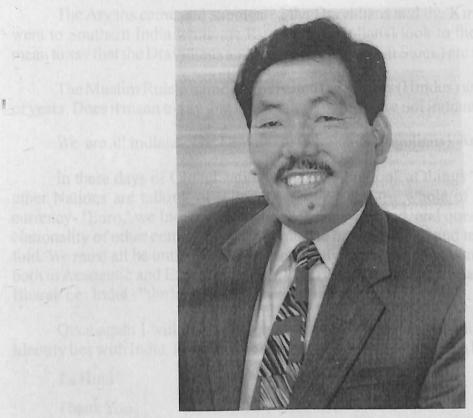
Parcha Khatiyan-Land Patta of Shri Duryodhan Rai of Dalep, Sosing, South Sikkim, 1951

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Parcha Khatiyan-Land Patta of Shri Devilal Rai of Dalep, Kewzing, South Sikkim, 1967



Census Certificate to Shri Durjodhan Rai of Dalep, Sosing, South Sikkim, 1951



Dr. Pawan Chamling- Chief Minister of Sikkim and President, Sikkim Democratic Front - 1994



Shri C.D. Rai - Started the first Democratic Movement in Sikkim in 1947 (Sikkim National Congress)

The Aryans came and subjugated the Dravidians and the Kiratas. The Dravidians went to Southern India while the Kiratas (Mongolians) took to the Himalayas. Does it mean to say that the Dravidians and Kiratas (of Mogolian Stock) are not Indians?

The Muslim Rulers came and defeated the Aryans (Hindus) and ruled for hundreds of years. Does it mean to say that the Muslims of India are not Indians?

We are all Indians- The Dravidians, Kiratas (Mongolians), Aryans and Muslims.

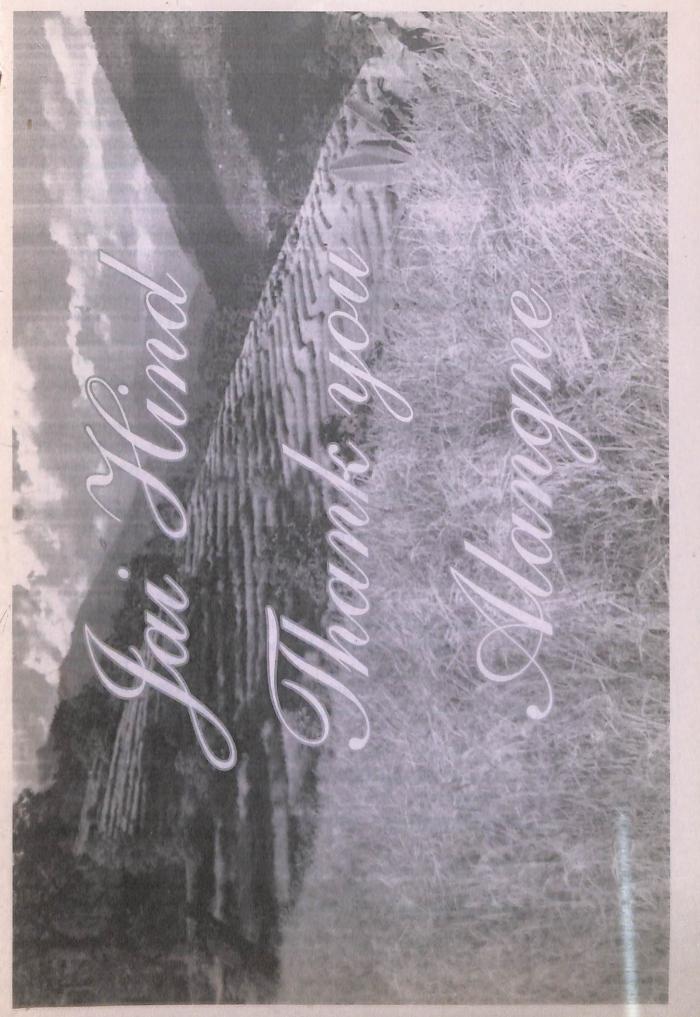
In these days of Globalization we should not look at things "Myopically". When other Nations are talking of 'Globalization', when the whole of Europe has a single currency- 'Euro,' we Indians must not be narrow-minded, and question the Identity and Nationality of other communities. We must be broad-minded and take everyone into our fold. We must all be united as Indians and ready to compete with and conquer the world, both in Academic and Economic fields. Then only we can achieve and dream of 'Swarna Bharat' i.e. India - "the land flowing with milk and honey."

Once again I will like to reiterate that "We Nepalis are Indian Nationals and our Identity lies with India. India is our Motherland and we are proud to be Indians."

Jai Hind

Thank You

Alangne



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